

EDUCATION

Doctor of Physical Therapy: Duke University, School of Medicine, Durham, NC

B.S. in Exercise Science, Magna Cum Laude: Wichita State University, Wichita, KS

CONTINUED ADVANCED EDUCATION

Barral Institute:

- Visceral Manipulation I: Abdomen
- Visceral Manipulation II: Abdomen
- Visceral Manipulation III: Pelvis
- Visceral Manipulation IV: Thorax
- Visceral Manipulation Dissection: visceral system dissection and layer palpation on unembalmed human cadavers.
- Visceral Manipulation V: Manual Thermal Evaluation & Visceroemotional Relationships
- Visceral Manipulation VI: Visceroemotional Relationships
- Neuromeningeal Manipulation; An Integrative Approach to Trauma: Level 1
- Neural Manipulation: Peripheral Nerve Manipulation; Upper Body: Level 2
- Neural Manipulation: Peripheral Nerve Manipulation; Lower Body: Level 3
- Neural Manipulation: Brain and Cranial Nerve Manipulation: Level 4
- Neural Manipulation: Level 5
- Visceral Manipulation: Viscerovascular Manipulation; Lower Body
- Visceral Manipulation: Viscerovascular Manipulation; Upper Body
- Visceral Manipulation: Listening Techniques 1; An Integrative Approach to Evaluation: Level 1
- Visceral Manipulation: Listening Techniques 1; An Integrative Approach to Evaluation: Level 2
- Advanced Visceral Manipulation: The Brain
- Clinical Interventions: Concussion Recovery; Barral Manual Therapy
- Visceral Manipulation: Advanced Clinical Applications for Common Gastrointestinal Urogenital Issues
- Visceral Manipulation: Advanced Clinical Applications for Common Thyro-Cardio-Pulmonary Issues

Upledger Institute:

- Craniosacral Therapy 1
- Craniosacral Therapy 2
- Somato-emotional Release 1
- Somato-emotional Release 2
- Somato-emotional Release: Mastering the Inner Physician
- Advanced Craniosacral Therapy: Level 1
- Advanced Craniosacral Therapy: Level 2
- BioAquatic Exploration- Somato Release- Dolphin assisted therapy
- Advanced BioAquatic Exploration- Somato Release- Dolphin assisted therapy
- CSTMAP: CST via the Matrix; Addressing our Primal Health by Embodying our Embryology
- Craniosacral Therapy: Working with Chronic Depletion

CERTIFICATIONS

Certified Strength & Conditioning Specialist, National Strength & Conditioning Association, since 2009

Pelvic Rehabilitation Practitioner Certification, Herman & Wallace Institute

PROFESSIONAL AFFILIATIONS

American Physical Therapy Association (APTA), Women's Health and Orthopedic Section Member,

PROFESSIONAL PRESENTATIONS

APTA-CSM 2015 Platform presentation "Association between Depression, Physical Function and Potential Mediating Factors in Veterans with Knee and/or Hip Osteoarthritis"

WORK EXPERIENCE

Owner, Pelvic Health & Orthopedic Physical Therapist, Eugene, OR Since 2018

Devine Strength & Physiotherapy, LLC

- Operate a holistic based clinic treating patients with orthopedic and pelvic health conditions with osteopathic manual therapy focus; Mentor and build team of qualified providers to further provide quality education and care

Pelvic Health & Orthopedic Physical Therapist, Raleigh, NC & Eugene, OR Since 2015

- Evaluate and treat patients with orthopedic and pelvic health conditions with manual therapy focus